



Ex_HallEssay

Jayakrishnan Nair <jknair@gmail.com>

(no subject)

3 messages

Alexandra Hall <alexandra1991hall@gmail.com>
To: jknair@gmail.com

Tue, Mar 13, 2018 at 12:30 PM

To Whom It May Concern:

My professional volunteer and work history related to seniors is as followed:

I have assisted a senior citizen in her home in Kent from 7/2017- 1/2018 by cooking and baking homemade meals for her and her loved ones, with personal hygiene supervision, housekeeping, laundry services and technology lessons on a volunteer basis.

I also worked for a reputable pharmaceutical company from 12/2013- 6/2016 as a designated Community Healthcare Ambassador for immunization awareness and education. I escorted senior citizens to different store departments where they could find over-the-counter pain relief, vitamins, supplements, incontinence, caregiving and first aid supplies. I also hosted company events in the cosmetic department where I would preform cosmetic makeovers on senior women and help direct them to bath and beauty supplies.

I worked at an assisted living and memory care facility having done clerical duties for them, baked homemade goods for their residents, helped with additional food preparations and serving, housekeeping duties and exterior environmental clean up. I helped set up and host private company events. I enjoyed spending quality time with the residents one-on-one and when they played Bingo and when they had live music events. I also served them refreshments and went on walks with them.

One summer I volunteered in the Seattle Area at a senior center as an Administrative Assistant sorting and filing documents along with spending quality time with the seniors and set up and attended their private events with live music, refreshments and dancing.

I was also a Personal Assistant, Housekeeper and Professional Organizer to a senior woman in Edmonds from 3/2010- 3/2011. I helped set up and host private parties monthly for her and the community along with having given her technology lessons and ran errands for her. I did housekeeping for her office (and art gallery), and her condo.

On a daily basis in my current employment I mainly do laundry service, personal organizing and housekeeping.

Sincerely,

Alexandra Hall
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alexandra1991hall@gmail.com

Jayakrishnan Nair <jknair@gmail.com>
To: jfischbeck@ci.snoqualmie.wa.us
Cc: ashley.renee.redican@gmail.com

Tue, Mar 13, 2018 at 12:39 PM

Dear Sir

This is an email Alexandra sent me that clarifies (a) her own professional expertise in assisting seniors in the past in a caregiving setting, and (b) her focus on the current role that as I mentioned is as my property manager/ housekeeper for my rental homes, who can be trusted to supervise my mom as an occasional respite.

She is deeply saddened and apologetic that in her enthusiasm to show to me she is capable of handling the feeding tube if necessary, she has unintentionally overstepped Ashley to take care of the feeding yesterday morning. I am currently clearly defining the scopes and boundaries of her employment with me and has advised her to set her perimeters to housekeeping only and to let me and Ashley, the two qualified caregivers, take care of my mom.

Regards
Jay

[Quoted text hidden]

Jayakrishnan Nair <jknair@gmail.com>

Fri, Apr 6, 2018 at 1:48 PM